

DECEMBER 2019 - JANUARY 2020

Confronting the Shoah

This course provides participants with comprehensive contextual and historical knowledge regarding the Nazi Holocaust.

Presented by: Dr. David Lindquist

When: January 21, 28, February 4, 11, 18 and 25

Who: adults, teachers, principals, historians, high school juniors & seniors

Where: Rifkin Campus 5200 Old Mill Road

Time: 7:00 PM

Cost: No cost for Federation members, teachers, principals, historians, or

students.

\$5.00 for everyone else to cover cost of materials

Register by: January 7 - call the office at (260) 456-0400 or email office@fwif.org





and



Hanukkah Story time

- Listen to the story of Hanukkah
 - Light the Hanukkiah
 - Play the Dreidel game
 - Crafts
- Take home some traditional recipe cards

Sunday, December 15, 2019 12 pm—2 pm Barnes & Noble—Jefferson Pointe 4140 W. Jefferson Blvd. Bldg. J, Fort Wayne

This event is free and open to the public Thank you to the Dr. Harry W. Salon Foundation for its support



Happy Hanukkah from our Board of Directors and Staff!



Our mission is to support the well-being and continuity of the Jewish people in greater Fort Wayne, in Israel, and throughout the world.

THANKSGIVING FOR VIOLINS OF HOPE



Something quite special happened in Fort Wayne this month. Violins of Hope came to town, and while we hoped the two-week commemoration of music, visual art, public conversation, interfaith dialogue, readings, and educational activities would be meaningful.

none of us could have imagined the outpouring of interest and support the project would engender.

The *Violins of Hope* Steering Committee determined early on that the project would focus on both the memory and legacy of those who were murdered and survived the Holocaust. Therefore, the themes of Defiance, Resilience, and Legacy were chosen to guide *Violins of Hope Fort Wayne*.

We want to take this opportunity to thank the wonderful citizens of Fort Wayne and Northeast Indiana for their exemplary support for the *Violins of Hope* project – for attending so many events, for bringing friends and relatives, and for embracing the defiance, resilience, and legacy of these Jewish musicians during the Holocaust.

Kudos to all the sponsors and the City of Fort Wayne who made this major undertaking possible. Through the financial generosity of foundations, corporations, and individuals, *Violins of Hope Fort Wayne* sprung to life. None of what we experienced as a community could have been realized without this significant financial support.

Thanks to the nearly 30 community partners and collaborators who poured their collective hearts and souls into making this a true collaboration. Each invested time, talent, and treasure into creating a model community undertaking, the likes of which none of us have experienced before.

We must also thank the musicians of this community who brought to life the sound, presence, and stories of *Violins of Hope*. Through dozens of local area

performances, they helped us honor the memories of the brave musicians who owned and played these precious instruments.

Thanks to the educators, scholars, and community representatives who formed the *Violins of Hope* steering committee, and many other volunteers, all of whom worked so tirelessly for nearly two years to meticulously plans this project. From creating sophisticated arts and education programs to serving as docents, gallery greeters, and drivers for our violinmaker and author, no task was too daunting or too small.

To Amnon and Avshalom Weinstein, thank you for painstakingly and lovingly restoring these instruments and reclaiming your lost heritage. You continue to give voice to the victims and reinforce the positive messages of hope and harmony.

And lastly, to the musicians who originally played these Strings of the Holocaust, who were deported from their homes, endured untold hardships, were beaten and forced into hard labor, and who gave their lives, we are reminded through your art that heroic aspirations will always remain a cause for optimism and that a wellspring of beauty can emerge from morally desolate barbarism.

What we do matters. If we as a community emerge from this endeavor by doing the right thing when we see fellow human beings targeted for ethnic, cultural, or religious beliefs, then we have succeeded. Our aim is that *Violins of Hope* will inspire people to prevent the hatred that occurred all throughout Europe in the 1940s from rearing its ugly head again.

There is a lovely Yiddish word used to signify that something blessed is meant to be... "Bashert." We truly believe that the visit of *Violins of Hope* to Fort Wayne was Bashert.

This truly is a season of Thanksgiving.

Jaki Schreier

Executive Director, Jewish Federation of Fort Wayne **James W. Palermo**

Managing Director, Fort Wayne Philharmonic





The History Center



Bearing Witness with Kayleen Reusser



Drs. Carol & David Lindquist checking their master list

The Fort Wayne Philharmonic

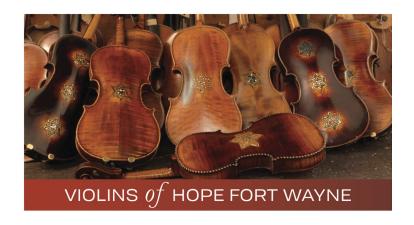


The Violins have arrived



Fort Wayne Philharmonic Cncertmaster, **Violetta Todorova**, choosing her violin





Fort Wayne Youth Symphony students choosing their instruments





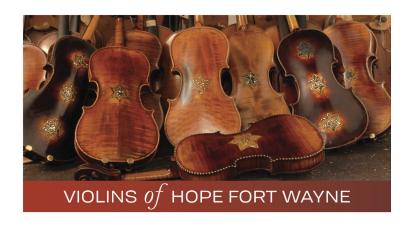


Youth Symphony Concert









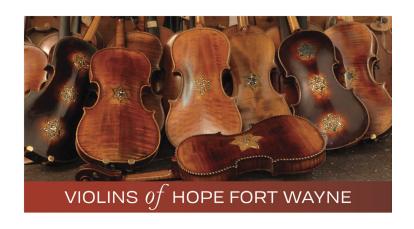
Youth Symphony Concert











School Ensembles













Exhibition Opening at Weatherhead Gallery, Ian & Mimi Rolland Center, University of St. Francis

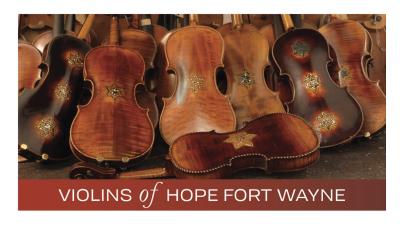












Opening Event at the Fort Wayne Museum of Art













Guitars and Violins at Sweetwater Sound



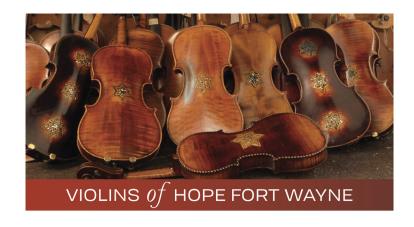


Researching Victims and Survivors with Megan Lewis





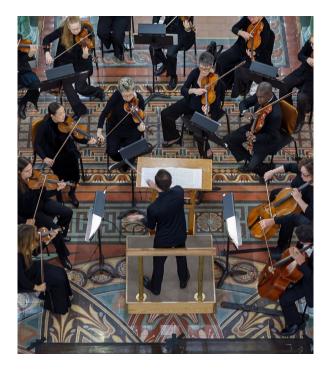




Violins of Hope: Stories of Defiance, Resilience, and Legacy at the Allen County Courthouse

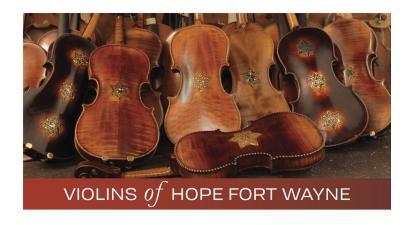












Violins of Hope: Stories of Defiance, Resilience, and Legacy at the Allen County Courthouse

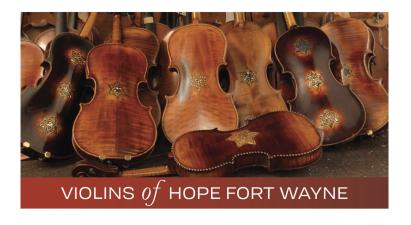












Shabbat Services at Congregation Achduth Vesholom

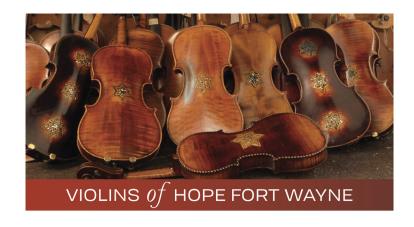












Jewish-Catholic Prayer Service at St. Elizabeth Ann Seton Catholic Church





Bishop Kevin C. Rhoades and Rabbi Paula Jayne Winnig









Culinary Diplomacy at Joseph Decuis

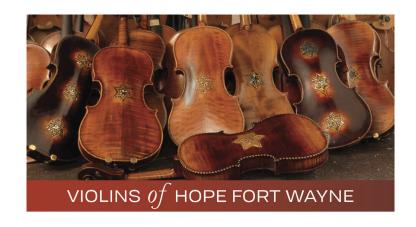












Closing Concert with the Fort Wayne Philharmonic at the Embassy Theatre











THOUGHTS - BETSY GEPHART

Thoughts on Violins of Hope - Written November 16, 2019



What a powerful week! Last night I wrapped up four days of Violins of Hope performances that were some of the most memorable of my career. So many have asked what it felt like that I want to try to put it into words.

I started the week performing with my Philharmonic Quintet for my daughters and their colleagues at Canterbury School. For all six of our school shows this week, we presented five pieces along with a powerful script read by a narrator. Tuesday's performances were the first, and the power of the show really hit that morning. Whether it's the theme from "Schindler's List," a lullaby written by an 11-year-old concentration camp prisoner, or even a Klezmer medley, the music can convey very powerfully what words might not. And sharing this program with my daughters is a memory that will stick with me.

In addition to our school shows, on Thursday evening we performed an incredible concert in the beautiful Allen County Courthouse. Again, an extremely powerful script accompanied a very moving program of music. The program involved the strings of the Philharmonic, the Fort Wayne Ballet, the Fort Wayne Children's Choir and professional and university choral groups. SO many feelings that night! How all these groups came together for this amazing performance. How we were hearing and performing this music in the halls of justice in Fort Wayne, Indiana. (For those non-Hoosiers who might not catch the significance, there is a Christmas wreath on the door of the courthouse.) How some of the instruments we were playing may have "heard" Mahler when it was written. And of course, how many of those musicians, including Mahler's niece, were killed in the Shoah.

Last night, I performed with a quartet of my fellow Philharmonic musicians at a Shabbat service at Temple. We played two lullabies for a "sermon," taken from our school show music, a couple of prayers with the cantor, and finished the evening with our "Chatunah" klezmer wedding medley. I'm not sure, but we may have received the very first "standing O" in Temple history. The sanctuary was full and singing along to all the songs!

The violin I'm playing on this week is a beautiful klezmer instrument, with Star of David ornamentation. It does not have a known personal story but is a Holocaust survivor. Playing the medley of wedding songs to a full singing congregation was what it was meant to do! What an amazing cap to four days of performances!

Folks want to know how it feels to play this instrument. While most of the time, I'm focused on the performance, there are times, like during the medley last night, that I certainly feel a connection with what it played years ago. My thoughts turned to the many relatives I've discovered that were killed in the Holocaust, and those few who survived. And to the musicians who were victims, and the music that they were not allowed to play. And the act of playing the violin makes those connections with the music and the message much more powerful to me.

But what has been most powerful this week is *sharing* this music and this message. First with my daughters at their school, then with the general community and my "arts family" at the courthouse, and finally with my own congregation at Temple. It is more powerful for me because it is powerful to you. I got a hug from my daughter. I've been approached by so many - friends and complete strangers — for photographs, with questions, with reverence. The power of this program really is in the sharing of the message.

We're far from done. Tonight, I look forward to being in the audience for klezmer, and tomorrow in the audience for a Holocaust genealogy program. And next weekend is the Philharmonic's Masterwork Concert to wrap up the program. Thank you so much to the Philharmonic and the Jewish Federation for making this happen!



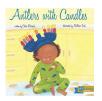
PJ LIBRARY



Make a Shiny Menorah Poster

Hanukkah is a holiday of light and this shiny art project is a great way to bring a little more light in, and it makes an adorable handprint keepsake for parents. To add a little extra learning

to the art, instead of "lighting" all the candles at once, add a new flame each night. It's like having another menorah (Hanukkiah) at home, and it's literally a hands-on counting activity for kids. This Activity Works With These Books:



Antlers with Candles



Yitzi and the Giant Menorah



Sadie's Almost Marvelous Menorah

Supplies

- Aluminum foil
- Marker
- Scissors
- Glue
- Poster board
- Glitter pens/paint/glue

Directions

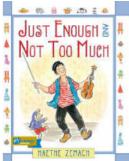
- Help your child place both hands side by side on a piece of foil. Position the hands so that the thumbs overlap.
- Trace around the hands with the marker and cut them out as one continuous piece.
- Glue the tinfoil hands onto a piece of poster board. Each finger serves as a "candle" on your menorah (the two thumbs make one candle - the shamash).
- Use some glittery art supplies, like glitter pens, paint, or glue, to create a flame on top of each "candle," then place your poster in your window to help decorate your home for Hanukkah.

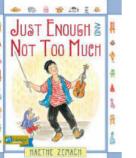
https://pjlibrary.org/beyond-books/pjblog/november-2019/ make-a-shiny-menorah-poster





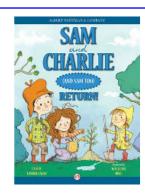
What was in your mailbox this month?

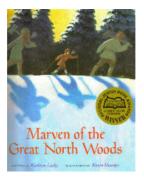














GLOBAL VIRTUAL BOOK CLUB

Let's get acquainted over some good books in Hebrew and/or English!

Are you interested in joining us?

The first book we will read together is **Someone to Run With** by David Grossman. A runaway bestseller in

Israel: the story of a lost dog, and the discovery of first love on the streets of Jerusalem are portrayed here with a gritty realism that is as fresh as it is compelling. When awkward and painfully shy sixteen-year-old Assaf is asked to find the owner of a stray yellow lab, he begins a quest that will bring him into contact with street kids and criminals, and a talented young singer, Tamar, engaged on her own mission: to rescue a teenage drug addict.

Readers will be connected by an open WhatsApp Group. The first Virtual Gathering of our Book Club will be on **Sunday, January 5, 2020**, at 11:00am.

If you are interested in participating in this inaugural Book Club, please email us at office@fwjf.org or call the office at (260) 456-0400. If there is enough interest, we will send out the WhatsApp instructions.

<u>Partnership2Gether</u> Western Galilee connects 16 Jewish communities across the USA, Budapest, Akko, and Matte Asher.

NEIJGS

From Generation To Generation

NEIJGS Welcomes U.S. Holocaust Memorial Museum's Megan Lewis

Thanks in no small part to the Jewish Federation of Fort Wayne, the Northeast Indiana Jewish Genealogy Society was thrilled to welcome Megan Lewis as part of the "Violins of Hope" program in November. She spoke at the ACPL Genealogy Center about Holocaust genealogy research, and the vast amount of materials available, many accessible online.

NEIJGS members joined Megan for dinner following her presentations. Special guests included the Philharmonic's Jim Palermo along with Violins of Hope luthier, Avshalom Weinstein, and Rabbi Paula Winnig from Congregation Achduth Vesholom.

Our next public program will be on Sunday, February 16 at the ACPL Genealogy Center. Well-known researcher and speaker Marlis Humphrey will present "Hidden Gems of Jewish Genealogy" and "Discovering Your Shtetl." Mark your calendars!

Join NEIJGS NOW to Access our January Member Workshop!

If you're interested in your family history, now is the time to join the Northeast Indiana Jewish Genealogy Society. We're planning a fantastic member workshop for January – "Beginnings and Breakthroughs" – for everyone from beginners to those who have hit a brick wall. NEIJGS members will have the opportunity to meet with ACPL staff and NEIJGS board members at the library's Discovery Center. The ACPL's Curt Witcher will introduce some of the resources the library provides, and then we'll go to work solving problems and answering questions!

Other benefits of NEIJGS include dinners with our guest speakers, lunches with ACPL Genealogy Center staff members, access to the Fort Wayne Jewish Families Database, and a quarterly newsletter.

For more information and to join online, visit our website at https://neindianajgs.wordpress.com/join-us/. Brochures are also available in the Temple lobby. Join by December 31st to be eligible for the January workshop, and we'll send you details right away! Hope to see you there!



CALENDAR

DECEMBER 2019											
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday					
1	CAV Office Closed 2	3	4:00 p.m. Hebrew 4 School - CAV 7:00 p.m. Words That Hurt, Words That Heal - CAV	Noon - ROMEOs - 5 RO 4:00 p.m. Hebrew School - CAV 6:30 p.m. CAV Board Meeting - CAV	JFFW Office Closed 6 7:30 p.m. Shabbat Services - CAV	9:15 a.m. Shabbat 7 Service - CAV					
9:45 a.m. Religious School - CAV 12:30 p.m. Tallit- Making Workshop - CAV	CAV Office Closed 9	10	4:00 p.m. Hebrew 11 School - CAV	4:00 p.m. Hebrew 12 School - CAV	JFFW Office Closed 13 7:30 p.m. Shabbat Services - CAV	9:15 a.m. Shabbat Service - CAV					
9:45 a.m. Religious 15 School - CAV 12:00 p.m. Hanukkah Story time - Barnes & Noble	CAV Office Closed 16	17	4:00 p.m. Hebrew 18 School - CAV 7:00 p.m. Words That Hurt, Words That Heal - CAV	Noon - ROMEOs - 19 RO 4:00 p.m. Hebrew School - CAV 7:00 p.m. JFFW Board Meeting - CAV	JFFW Office Closed 20 6:00 p.m. "Chinese" Shabbat Services - CAV	9:15 a.m. Shabbat 21 Service - CAV					
22	JFFW & CAV Offices 23 Closed	JFFW Office Closed 24 CAV office closing at noon	JFFW & CAV Offices 25 Closed	JFFW Office Closed 26	JFFW Office Closed 27 6:00 p.m. Hanukkah Service and Champagne Shabbat Services - CAV	9:15 a.m. Shabbat Service - CAV					
29	JFFW & CAV Offices 30 Closed	JFFW Office Closed 31 CAV office closing at noon			KEY: JFFW - Jewish Federation of Fort Wayne (The Federation) Traditional - CAV	Reform - CAV RC - Rosh Chodesh (Women's Group) RO - ROMEOs Special Events					



CALENDAR

JANUARY 2020											
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday					
KEY: JFFW - Jewish Federation of Fort Wayne (The Federation) Traditional - CAV	Reform - CAV RC - Rosh Chodesh (Women's Group) RO - ROMEOs Special Events		JFFW & CAV Offices 1 Closed	JFFW Office Closed 2 Noon - ROMEOs - RO	JFFW Office Closed 3 7:30 p.m. Shabbat Services - CAV	9:15 a.m. Shabbat 4 Service - CAV					
5	CAV Office Closed 6	7	8	6:30 p.m. CAV Board 9 Meeting - CAV	JFFW Office Closed 10 7:30 p.m. Shabbat Services - CAV	9:15 a.m. Shabbat 11 Service - CAV					
9:45 a.m. Religious 12 School - CAV	CAV Office Closed 13	7:00 p.m. Temple Book Club - CAV	4:00 p.m. Hebrew 15 School - CAV	Noon - ROMEOs - 16 RO 4:00 p.m. Hebrew School - CAV 7:00 p.m. JFFW Board Meeting - CAV	JFFW Office Closed 17 7:30 p.m. Shabbat Services - CAV	9:15 a.m. Shabbat 18 Service - CAV 7:00 p.m. Hava Nagila movie - CAV					
1:00 p.m. Mah Jongg 19 CAV	JFFW & CAV Offices 20 Closed	6:30 p.m. Ethics of 21 Forgiveness - CAV 7:00 p.m. Confronting the Shoah - CAV	4:00 p.m. Hebrew 22 School - CAV	4:00 p.m. Hebrew 23 School - CAV 6:00 p.m. Rosh Chodesh	JFFW Office Closed 24 7:30 p.m. Shabbat Services - CAV	9:15 a.m. Shabbat 25 Service - CAV					
9:45 a.m. Religious 26 School - CAV 12:30 p.m. Tallit- Making Workshop CAV 1:00 p.m. Mah Jongg - CAV	CAV Office Closed 27	6:30 p.m. Ethics of Forgiveness - CAV 7:00 p.m. Confronting the Shoah - CAV	4:00 p.m. Hebrew 29 School - CAV	Noon - ROMEOs - 30 RO 4:00 p.m. Hebrew School - CAV	JFFW Office Closed 31 6:00 p.m. Souper Bowl Shabbat Services - CAV						



A FEW WORDS FROM FRAN VOLANTE, SOCIAL WORKER

The "Food-Mood" Connection

Originally written by Ann Reidenbach, updated by Fran Volante

There is a credo that still comes to mind some 15 years after first reading it in an article on wellness -. "we are one creation - body, mind and soul." Each of these three parts is just as important as the others. When any one part is lacking, the whole creation is out of balance. It is a little like a three-legged stool. Proper balance depends on all the legs bearing their share of the load.

We have been hearing more and more about the importance of our diet in keeping physically healthy. What we eat determines, in large part, how long our bodies will last and how well we function. What we often don't realize is the same strong connection exists between our physical and mental health. Nutrition, physical health and mental health form a three-legged stool we refer to as the "food-mood" connection. When any one of these three legs is "out of whack," our whole stool is lopsided.

We have to eat to keep going. Our bodies require carbohydrates, proteins and fats in addition to over 50 other nutrients in order to function properly. Feeling "full" doesn't necessarily mean you have gotten all the nutrients you need. Fast foods and convenience foods, while fitting into our hectic schedules, do not always meet our nutritional demands. When our bodies do not have proper nourishment, we experience changes in our emotions, thoughts and behaviors. Some of these changes become evident within a few hours of inadequate food intake. A person who is normally tolerant or patient may become irritable and have outbursts of anger as a direct result of poor eating behaviors. A typically calm person may experience an increase in anxiety and mood swings. If you are a person who normally skips breakfast, you might want to consider having a midmorning bite of a bagel with peanut butter rather than risk irritability that can lead to biting off someone's head.

In addition to emotional changes, inadequate nutrition can cause changes in a person's concentration and judgment. Thoughts can easily become distorted and take on negative overtones. When this happens, it can be increasingly more difficult to make appropriate decisions.

This includes food choices. The chocolate donuts that were so easy to say "no" to earlier become more and more tempting as we become hungrier and more vulnerable to poor choices.

Given this information, we begin to see that changing our eating behaviors affects more than just our physical health. Lowering our intake of fats and sugar goes beyond positive effects on our blood vessels and heart and includes positive changes for our thoughts and moods. Taking care of our physical bodies carries with it the benefit of keeping us more emotionally healthy.

It goes back to the basic concept of the three-legged stool. When we eat better, we feel better. When we feel better, we make better choices. When we make better choices, we eat better, and so on and so on and so on.

7 TIPS FOR SURVIVING THE HOLIDAYS (WITH GRACE AND GRATITUDE)

The holidays are stressful! You know it. We know it. Below are some tips from ahealthydoseofdistraction.com. We've edited for brevity.

CUT BACK ON ALCOHOL

Many people are tempted to deal with stress by drinking. We suggest you enjoy the company of my friends and family with a clear head. Here are some ways to avoid overdrinking:

- -Plan to engage in meaningful conversation instead of avoiding it.
- -Offer to play a game with the kids.
- -Think of a nice glass of wine as a dessert instead of the main course.

SLEEP MORE

Many of us, when we travel, don't sleep well or enough. Plan to go to bed around the same time you would any other day. Then do it.

AVOID EATING OUT OF OBLIGATION

Do not feel guilty if you have no desire to eat Aunt Peg's Jell-O mold. Instead, splurge on what you actually like. If you don't eat gluten, do not make yourself sick eating stuffing or rolls. Don't eat what doesn't make you happy.

FIND SOME ALONE TIME

Taking a simple walk around the neighborhood can also do wonders for your mind and body.

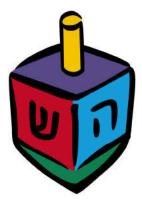
LEAVE THE COOKING TO SOMEONE ELSE

Ask your family if you can take a break this year from hostess duty. You might be surprised how many people offer to help out if you explain you need a year off-or just some help.

HAVE AN ATTITUDE OF GRATITUDE

The holidays are a time to reflect on all of the inspirational people who fill our minds and hearts. You might not have the house, car, or job you dream of. But chances are you have people in your life who inspire you, love you, and who you love in return. Remembering this when you are stressed can help ease anxiety.

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TEMPLE NEWS

LATKES AND LIGHTS AT HANUKKAH SERVICE – AND TOAST 2020!

Kindle the lights of Hanukkah and share a toast to 2020 on Friday, December 27 at 6 p.m. at our Hanukkah and Champagne Shabbat celebration at the Temple.

Rabbi Paula Jayne Winnig will lead worship, followed by an Oneg Shabbat hosted by the ROMEOs (Retired Old Men Eating Out) with latkes and sufganiyot (jelly doughnuts). Join us for a glass of champagne as we offer good wishes for the coming year.

Add to the joy and warmth of the holiday by bringing your hanukkiyah to celebrate the sixth night of the Festival of Lights. Candles will be provided. Please bring boxes of pasta to donate to our December Food Drive to benefit the food bank at Wellspring Interfaith Social Services. What is Hannukah?

READ AHEAD FOR JANUARY'S BOOK CLUB

The next <u>Temple Book Club</u> is Tuesday, January 14 at 7 p.m. when we will discuss Renee Rosen's "Windy City Blues," and hold a "LiveChat" with the author.

This historical novel is set in 1960s Chicago, in the middle of the blues and civil rights movements. Leeba Groski, a woman from an Orthodox Jewish family who really wants to be a musician, and Red Dupree, an African-American blues quitarist, are the central characters.

A copy of the book can be borrowed from the <u>Rabbi Richard B. Safran Library.</u> Please RSVP to the Temple office at (260) 744-4245.

"HAVA NAGILA" FILM TELLS STORY OF CLASSIC SONG

Familiar from Jewish weddings and bar mitzvahs, the song "Hava Nagila" inspires dancing and joyful memories. So what is the origin of the song? How did it become so popular?

Join us on Saturday, January 18 at 7 p.m. at the Temple. We'll begin with Havdalah, followed by a screening of the film <u>Hava</u> <u>Nagila</u> and discussion. Dr. Steve Carr, director of PFW's Institute for Holocaust and Genocide Studies at Purdue Fort Wayne and Associate Professor of Communication, will lead the discussion.

Described as a "documentary romp through the history, mystery, and meaning of the great Jewish standard, the film features interviews with Harry Belafonte, Leonard Nimoy, Connie Francis, Glen Campbell, Regina Spektor, and more."

The film "follows the ubiquitous party song on its fascinating journey from the shtetls of Eastern Europe to the kibbutzim of Palestine to the cul-de-sacs of America. High on fun and entertainment, *Hava Nagila (The Movie)* is also surprisingly profound, tapping into universal themes about the importance of joy, the power of music and the resilient spirit of a people." Watch the trailer. A favorite is Danny Kaye and Harry Belafonte singing

the song together in 1965.

Please RSVP by Wednesday, January 15 to the Temple office (260) 744-4245 to say you plan to attend. Thanks to Dave Flapan for chairing the evening.

MAH JONGG BEGINNER LESSONS RETURN IN WINTER

Have you always wanted to play mah jongg and didn't know where, when, or how? This winter will be a perfect opportunity to learn!

The Temple will be offering lessons for beginners on Sundays, January 19 and January 26 from 1 to 4 p.m. in the Madge Rothschild Resource Center. Taught by Marcia Reynolds and John Stein with assistance from Deb Vilensky, the sessions will cover the basics and then you'll be able to start playing and learning the subtleties of the game.

Reservations are required, call the CAV office at (260) 744-4245 to make yours. The cost is \$10 and also will get you the

2019 card which you will need for play. Questions? Contact John Stein at john@steinadpromos.com.

TALLIT-MAKING WORKSHOP AND STUDY Join Rabbi Winnig as we embark on a

journey to make our own painted silk tallitot, beginning Sunday, December 8 from 12:30 to 2:30 p.m.

We will start by studying the text around a tallit to learn the requirements for making and wearing one. We will then begin to design our own tallit.

In January and February, we will start the construction of the tallit.

Cost will depend on the size of tallit you want to make, plus the cost of paint, fringes, etc. Price will be between \$50 and \$150, depending on the choices you make. We will order materials after our first meeting. RSVP to the Temple office office@templecav.org or by calling the Temple at (260) 744-4245.

WORDS THAT HURT, WORDS THAT HEAL

Please join us Rabbi Winnig for a look at the Jewish texts related to proper speech and avoiding Lashon Hara, gossip and hurtful speech.

We will use the book, *A Code of Jewish Ethics, Volume 1,* as our basic text, with supplemental material added as needed. The class will meet on two Wednesdays, December 4 and December 18 from 7 to 8:30 p.m. at the Temple. Please read pages 332-378 before the first class. Please RSVP to office@templecav.org or by calling the Temple at (260) 744-4245.



TEMPLE NEWS - CONTINUED

THOUGHTFUL THURSDAYS PROVIDES THANKSGIVING BAGS

Thank you so much to everyone who donated money making it possible for 84 Brightpoint Head Start families and their teachers to receive a 12- to 14-pound turkey for Thanksgiving.

The Jewish community's <u>Thoughtful Thursdays</u> bags for the 72 families included a roaster pan, cooking bag, and directions for cooking the turkey, as well as cranberry sauce, corn, fruit, crackers, cake mix, and cherry jello.

A special shout-out to Temple member Hod Hefer and Walmart for making our goal of turkeys a reality! A very special thank you to James McFadden, his mom, Kathy, and two very hard-working members from the Youth Service Bureau for their assistance loading -- and unloading -- the turkeys and assembling the roaster pans and directions to accompany them. Also thank you to Brooke Hartman, director of Temple Head Start, for arranging for the Head Start van and driver to transport the turkeys. It really does take a village.

We will continue to make the Fresh Start personal hygiene bags for men, women, and young adults who are exiting various segments of the judicial system. We are looking for donations of hotel-size shampoo, conditioner, and lotion. We also are doing a sock drive to add to our bags, looking for donations of men and women's socks. When it is this cold out, no one should have to go without socks!

Thoughtful Thursdays is a social action project of Congregation Achduth Vesholom and the <u>Jewish Federation of Fort Wayne</u>. We provide food and household items for the 72 children who attend Head Start at the Temple.

Jamie Berger and Bonnie Pomerantz, Thoughtful Thursdays cochairs

WE'VE GOT CORNED BEEF & SALAMI FOR SALE

Enjoy the tastes of the Temple's 18th annual Deli Day a little longer by purchasing corned beef for \$12 per pound and whole Hebrew National kosher salami for \$12 each while they last. Contact the Temple office at (260) 744-4245 for more information.

SHARE SOUPER BOWL SHABBAT DINNER

Warm up a cold winter evening at our Souper Bowl Shabbat on Friday, January 31 at 6 p.m. at the Temple. We'll sample a variety of homemade soups before awarding prizes to the top three "people's choice" winners. Our Shabbat service begins at 7:30 p.m., followed by an Oneg Shabbat.

While you don't need to bring soup to attend, we invite you to get creative in the kitchen and enter the friendly competition. Make your favorite soup to feed 8-10, whether vegetarian, chicken or beef. Maybe matzo balls, noodles or even kreplach? The only requirements: No pork or shellfish and no meat or

cheese in the same dish. Please bring your hot soup in a crockpot. Any leftovers will be utilized by the Caring Committee for those in need of TLC.

Please RSVP to the Temple office at (260) 744-4245 by Friday, January 18. Let us know if you will be bringing soup and what kind. The cost is \$5 per person (no charge for children 5 and under). Your check is your reservation. Menu includes salad, soup, challah, and beverage. Questions or interested in helping? Contact Kathy Sider at ksider812@gmail.com.

SEASONAL SHABBAT FUN: "CHINESE SHABBAT"

'Tis the season for Achduth Vesholom's special Shabbat tradition: Please join us for an early service on Friday, December 20 at 6 p.m. at the Temple, followed by our customary meal of Chinese food together. Make a reservation to join us at Yen Ching restaurant (6410 W. Jefferson Blvd. in Covington Plaza) by calling the Temple office at 744-4245 no later than Friday, December 13.

START YOUR WEEKEND WITH SHABBAT

Celebrate Shabbat with us at the Temple during December and January, including our annual "Chinese Shabbat" and Hanukkah & Champagne Shabbat.

CONGREGATION ACHDUTH VESHOLOM Friday night services begin most weeks at 7:30 p.m., led by Rabbi Paula

Jayne Winnig. Our Saturday morning lay-led service continues weekly at 9:15 a.m. Sharing the joy of Shabbat is a wonderful way to start the weekend, enjoy new friendships, learn Jewishly, and grow spiritually. Friday evening worship will continue in the Reform tradition and Saturday morning services will be more traditional.

Plan to join us:

- Friday, December 6 & 13 at 7:30 p.m. –
- Saturday, December 7, 14, 21, and 28 at 9:15 a.m.
- Friday, December 20 at 6 p.m. for "Chinese Shabbat."
 Dinner follows at Yen Ching Restaurant.
- Friday, December 27 at 6 p.m. Hanukkah and Champagne Service – Bring your hanukkiyah to light, followed by an Oneg Shabbat with latkes and sufganiyot (jelly doughnuts) hosted by the ROMEOs (Retired Old Men Eating Out), and a champagne toast to 2020.
- Friday, January 3, 10, 17, 24 at 7:30 p.m.
- Saturday, January 4, 11, 18, 25 at 9:15 a.m.
- Friday, January 31 at 7:30 p.m. Souper Bowl Shabbat
 Dinner at 6 p.m., followed by Shabbat worship.

Please join us for worship, followed by Kiddush. Find the complete schedule at www.templecav.org.



RELIGIOUS SCHOOL

MAKE A DIFFERENCE IN THE LIVES OF FOSTER KIDS

Religious School students will be providing birthday boxes for local children ages 3 to 13 in foster care through a yearlong tzedakah project. The boxes will include cake mix, a can of frosting, birthday candles, a banner or streamers, a new children's book, a gift card, and a personalized note with birthday wishes.

Principal Leah Hadashi said the goal is to raise enough funds to make 60 boxes by May 2020 to deliver to the Allen County Foster Parent Association. Weekly tzedakah collected at Religious School will go toward the project. How can you help?

- Please spread the word of our project.
- Volunteer your time to help assemble birthday boxes during the Temple's annual Mitzvah Day on Sunday morning, April 19.
- Donate funds. Each box will cost approximately \$36. Tzedakah donations toward this project would be appreciated. Checks should be made payable to "CAV – The Temple" and earmarked for "birthday boxes."

Please call the Temple office or contact Leah to learn about more ways that you can help. What is foster care?

INSTITUTE FOR HOLOCAUST AND GENOCIDE STUDIES



New USHMM Photographic Collection Has Ties to Indiana

The Institute for Genocide and Holocaust Studies (IHGS) helped digitize a series of <u>rare photographs</u> taken at the Liberation of Buchenwald, Bergen-Belsen and Dachau. The photographs belong to a new collection donated to the <u>United States Holocaust Memorial Museum</u> and originally were shot by Signal Corps photographer George Edward Rothlisberg (1916-1970).

Dr. Eric Schreier of Fort Wayne donated this collection in 2019, after he received these materials from Rothlisberg's niece, Barbara A. Rothlisberg in 1999.



Happy Holidays!

Our office will be closed December 23, 2019 through January 5, 2020.

We will also be closed on Monday, January 20 in honor of Martin Luther King Day

Have a safe and happy holiday season!



FUNDS AND DONATIONS

JEWISH FEDERATION FUNDS

ENDOWMENT

- · Audrey and Joe Gerson Free Loan Fund
- Baum/Goldenberg Scholarship
- Emergency Cash Assistance Fund
- Holocaust Education Fund
- Jewish Experience Fund
- JNF Plant a tree in Israel
- Prejudice Reduction Elimination Fund
- Thoughtful Thursdays Fund
- Community Relations Committee (CRC):

 To provide for local programming and events through the Jewish Federation of Fort Wayne.
- Goldenberg Camp Joe Fund:

Every year we get a number of requests for assistance with the registration for our threeweek Camp Joe Levine Day Camp.

Janet Finkel Campership Fund:

In April 2008, Audrey Gerson established the Janet Finkel Campership Fund in honor of Janet Finkel. This fund makes it possible to help youngsters go to a Jewish Camp or to a Music Camp.

PJ Library:

Supports reading anytime of the day, but we know that many families sit down to read books at bedtime, in their pajamas. PJ Library books can be enjoyed any time you want a good story.

The Martha Rothenberg Replane Theater & Creative Arts Fund:

This fund was created in Memory of Martha Rothenberg Replane to honor her memory and her love for theater and creative arts. The fund will be used to encourage theater and creative arts presentations and knowledge in our community.

DONATIONS

Holocaust Education Fund

 A donation was received from Jaki & Eric Schreier in honor of Rabbi Paula Jayne Winnig and Bishop Kevin C. Rhoades for the beautiful Prayer Service they led during the Violins of Hope.



Online Donations Accepted!



The <u>Jewish Federation of Fort Wayne</u> now accepts <u>online donations</u>. You may contribute to our General Fund, or select a specific fund that you want to support. In addition, you may elect to have a donation made in Honor of or In Memory of an individual, and a card will be sent letting them or their families know the donation has been made.

It's secure, fast, and easy to support the work the Federation does to support the well-being and continuity of the Jewish people in greater Fort Wayne, in Israel, and throughout the world.

Thank you for your support. It is sincerely appreciated!



R.O.M.E.O.s (Retired Old Men Eating Out)

December 5 – West Coast Grille
2310 S. Calhoun Street
December 19 – Taj Mahal
6410 W. Jefferson Boulevard
January 2 - The Lucky Moose
622 E. Dupont Road
January 16 - Triangle Park Bar & Grill
3010 Trier Road
January 30 - CASA! Ristorante
7545 W. Jefferson Boulevard

Anyone interested in joining the ROMEOs for lunch can contact Denny Reynolds at (260) 637-0507 or dennisreynolds@me.com

2019 - 2020 Board of Directors Officers:

President: Ben Eisbart Vice President: Scott Salon Secretary: Bonnie Pomerantz Treasurer: Larry Adelman

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Carol Adelman Leah Hadashi Stan Levine Lee Pomerantz Mike Rush Ellen Tom Steve Trotter Bob Walters

Rabbi Paula Jayne Winnig

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Help is Available

We know that during these trying times, we can all use a little help once in a while. For those in need, we do offer food vouchers and gas cards. Please call the <u>Federation</u> office at (260) 456-0400. All calls are confidential.

We are also accepting donations of gas cards. If you would like to make a donation, please send in a check with "gas card" in the memo or call the office.



Audrey and Joe Gerson Free Loan Fund

This Fund was set up to offer an interest-free loan up to \$2,000 to members of the Jewish community who are undergoing financial hardships. Please call the Federation office at (260) 456-0400 to speak to someone confidentially.

Charitable Adult Rides and Services (CARS)

Do you have a car, truck, van, SUV, boat, motorcycle, ATV, RV, trailer or airplane that you no longer need or use?



Donating them has never been easier! Simply choose <u>CARS</u> and their trained staff will guide you through the donation process.

Do You Know Someone Who Needs Help?

The Jewish Federation of Fort Wayne is proud to have an amazing volunteer social worker* helping those of us in need. If you or someone you know in our Jewish community would like to talk to our social worker, please call the office at (260) 456-0400 or email us at office@fwif.org. All calls and emails are confidential.

*Social work is an academic discipline and profession that concerns itself with individuals, families, groups and communities in an effort to enhance social functioning and overall well-being.

